



PARENTAL MIGRATION: Impact on children

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- children's development towards adulthood
- bonding and attachment
- the importance of being parent

- Attachment <--> disattachment
- Development of psychopathology

- Is there an answer?

Bonding



Attachment



Long term relationships

Change and Evolution:

- Women/mothers went working outside “home” to do a job, built a career
- Need for daycare/creches...



Research:

- Rutter e.a. (ERA team) 1999, 2001, 2006,...
- Zeanah e.a. (BEIP) 2003, 2009, ...
- Debrova-Krol, Van Ijzerdoorn, Bakermans-Kranenburg & Juffer, 2010
- Palacios – Sonuga – Barke e.a., 2011

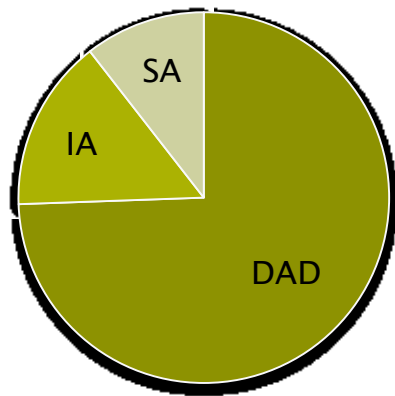


One of the most devastating effects:

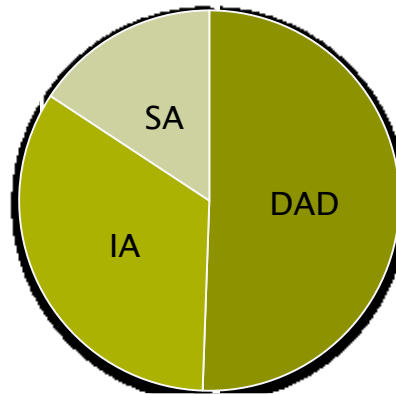
DAD – disorganised attachment disorder



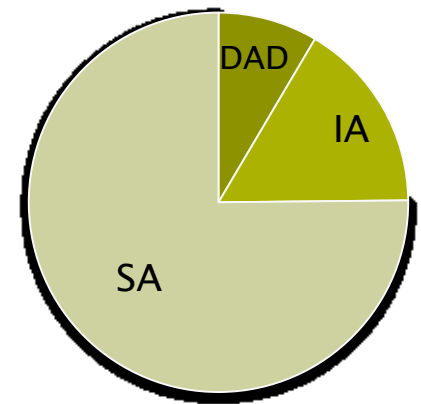
Institutionalisation



Maltreatment - Neglect



Normative



DAD: Disorganised attachment disorder
IA: Insecure attachment
SA: Secure attachment



Emotional “work”

pregnancy	baby
Mother-child bonding	<ul style="list-style-type: none">- Affectregulation- Bonding- Sensitive responsiveness
<p>Need for:</p> <ul style="list-style-type: none">- SAFETY- CARE- SUPERVISION- FEELINGS – EMOTIONS	



todler

schoolage 6→12 years

“me”

- Mentalisation
- Differentiated relations
- (pre)social behaviour

- + self image
- Autoregulation
- Friendship (horizontal relationships)

Need for:

- SAFETY
- CARE
- SUPERVISION TOWARDS SELF-REGULATION



adolescence

adulthood

Brotherhood

“me” + “we”

- Loving relationships
- Developing a future



the next generation

Need for:

- Indirect “monitoring”
- Belonging
- Participation
- Open minded communication
- Permission for more autonomy



and from toddler of the building
of social conscience



For human beings, nurture is our nature

(Gopnik, Meltzoff & Kuhl, 1999)



‘Primate research demonstrates that social attachment is not only a psychological event: it is related to the development of core neurobiological functions in the brain...’

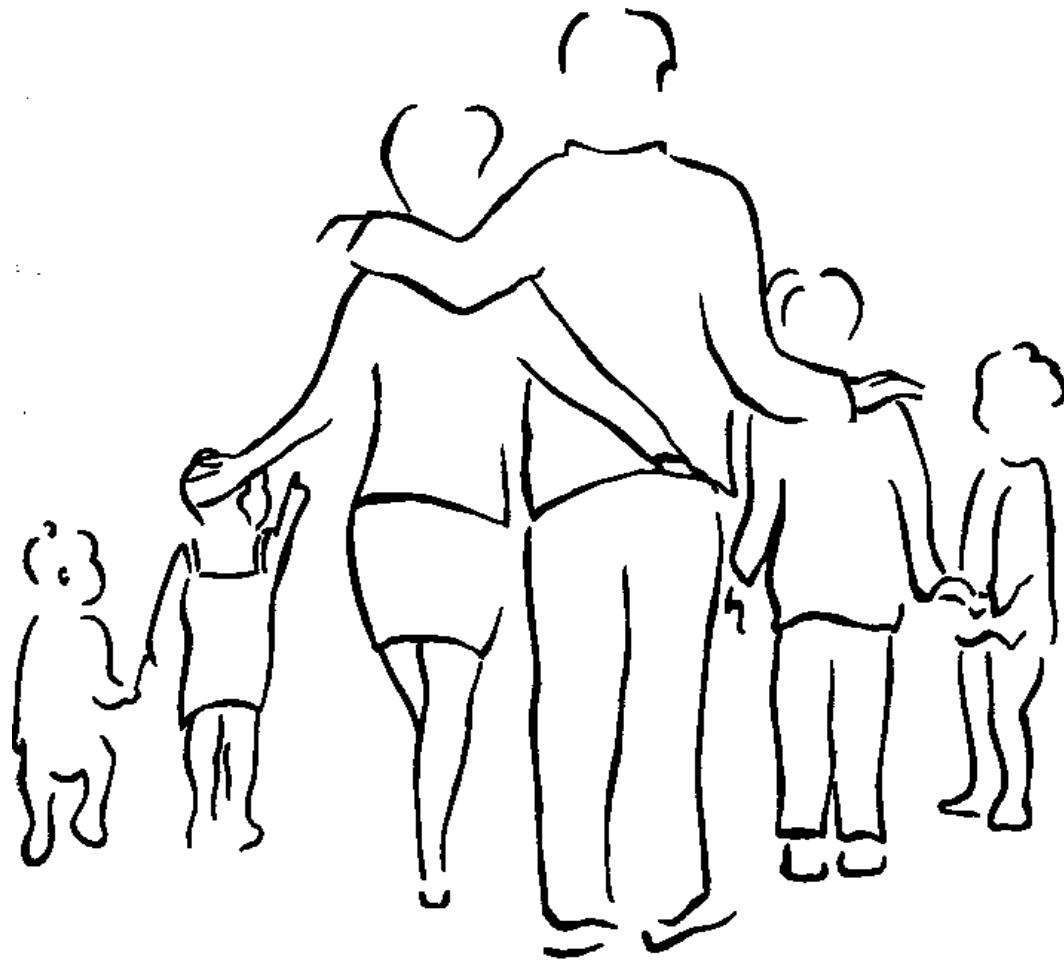
(van der Kolk, 1987)



‘The growth of the brain occurs in critical periods and is influenced by the social environment... (D)evelopment... is literally being built on a daily basis during the time of accelerated and continuing brain growth in infancy’

(Schoore, 1994)





Being together is crucial

Quality
Quantity
Timing





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- Cohesion
- Adaptation
- Communication



CARING ENVIRONMENT

- Familysystem
- School
- Extended family
- Hobbys
- ...



Building

- Family ethics
- Social conscience
- A kind of “code” of mutual expectations and most important balancing the giving/sharing/taking



Attachment vs disattachment



Protest



Anger and tears but hopeful...

Despair



More silent preoccupation...

Detachment



**“distant forgetting” !
“denial”**



- Depressive disorders
 - From mild to severe
- Anxiety disorders
 - Especially separation anxiety disorder
- PTSD
 - When traumatic separation



Personality disorders



- Good care in the land of origin
- Sufficient and good conditions for “reunion”
- Good care in the new country when permanent reunion becomes a fact



“Good enough care”

- Affective & sensitive
- Flexibel but lasting
- Protective and stimulating
- Sharing, giving and expecting
- Building up a conscience...



The strangest thing about having babies is that before you know it you have adults.





“Leave” is the last in a child his progression”.



Bye-bye baby. Love you. Love you. Love
you always. Miss you. Bye-bye.



The best empowerment of children is
adult modesty.

M. Delfos

